

WIL-POWER WELLNESS PROGRAM PRICING

ALL ACCESS PASSES

\$30 Intake Assessment

\$120/month for Classes and open gym access

PERSONAL TRAINING PACKAGES

\$260/month for all access pass plus nutritional guidance, 1x/week personal training sessions, electronic support (emailed workouts, etc)

Adapted Physical Activity Programs

Prices Vary according to level of assistance needed—programs specialize in enhancing access to exercise for those who are limited in their ability to workout in a standard gym setting. Programs are customized and supervised by a Physical Therapist.

DROP IN RATES AVAILABLE FOR ALL CLASSES

\$10/CLASS

FEATURING • PowerFit • Mobility Classes • Strengthening Circuits • KidFit Classes • Body Mapping Analysis provided by a Physical Therapist • Personal Training • Adapted Physical Activity Programs

WWW.WILPOWERFOUNDATION.ORG

**ALL AGES AND
SKILL LEVELS
WELCOME**

SPECIALS

Sign up for an orientation on July 30th-August 3rd and the Fee is waived!

DISCOUNTS

Family, military and student discounts are available— sign up for an orientation to learn more

LOCATION:

6843 N Citrus Ave

Building 2, Unit T

Crystal River, FL 34428

In the Shamrock Industrial Park

Contact:

352-322-6093

